

# Aerial Dance

workshops

“It has given me a new way of moving and a new way of seeing the world”

everyBODY dance

**Workshops for disabled and non-disabled people**  
**Sessions throughout the week Monday 29<sup>th</sup> July to Friday 2<sup>nd</sup> August 2013**  
**10am – 12md 5 to 11years and 1pm – 3pm 12 years +**  
**Longlands Farm, Whitbourne, WR6 5SG**  
**£15 / £12 concession - Booking essential**

Following the success of the Lovely Bugs project, every**BODY** dance is offering the chance to take part in aerial dance sessions led by Rachel Freeman.

We fly at low levels, sometimes very close to the ground, allowing people to push, spin, rock And swing themselves in contact with the ground or another aerialist. The sessions will combine creative work with partners and as a group.



Please contact every**BODY** dance at:

- rfeverybodydance@gmail.com
- everyBODY dance, Longlands Barn, Whitbourne Hall Park, Whitbourne, WR6 5SG
- 07870429528

[www.everybodydance.org.uk](http://www.everybodydance.org.uk)

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